In your free time, draw a picture for an adult you love/trust.

SIGNED:\_\_\_\_\_

Help to keep your classroom tidy.

SIGNED:\_\_\_\_\_



Write a thank you note to someone.

SIGNED:\_\_\_\_

Volunteer to help at home- eg- prepare a

SIGNED: \_\_\_\_\_

meal.

Tell someone a joke to make them laugh!

SIGNED:\_\_\_\_



Write down 3 things that you are grateful for.

SIGNED: \_\_\_\_\_